

HOW TREES SAVE LIVES. THE ROLE OF A WELL WATERED LANDSCAPE IN LIVEABLE CITIES

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How Trees Save Lives. The Role of a Well Watered Landscape in Liveable Cities

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(with acknowledgement to my colleagues in CWSC and MWCP)



Four Critical Truths in Relation to Climate Change and Urbanization

1. Climate change is now accepted as real and requires immediate development of strategies for mitigation and adaptation
2. Globally, the process of urbanization continues apace
3. Urban warmth (the urban heat island) is of similar magnitude to predicted greenhouse climate change during the 21st century (and is superimposed upon that greenhouse warming)
4. The physics of urban warming is well understood and can be mitigated, for example by maintaining water in the landscape

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Global Urbanisation



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Australian Urbanisation



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Other realities

1. Increasing evidence that climate extremes may be shifting MORE than the climate averages
2. Globally, there is a push for cities to become denser (urban consolidation) therefore hotter
3. In many places around the world (e.g. in Australia) national and urban populations are ageing
4. Water scarcity is becoming a major issue for many cities around the globe, especially in "Mediterranean" climate regions

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Australian Projected Temperature Changes to 2100

IPCC 4AR, 2007

-0.5-1degC change last century
-2.5-4.5 degC change projected by 2100 under moderate emissions scenario

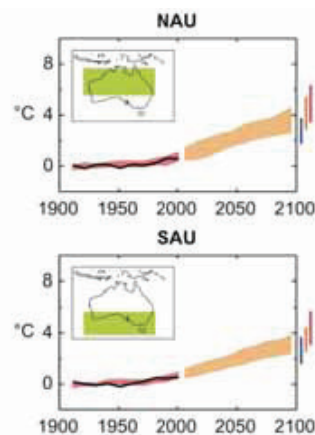
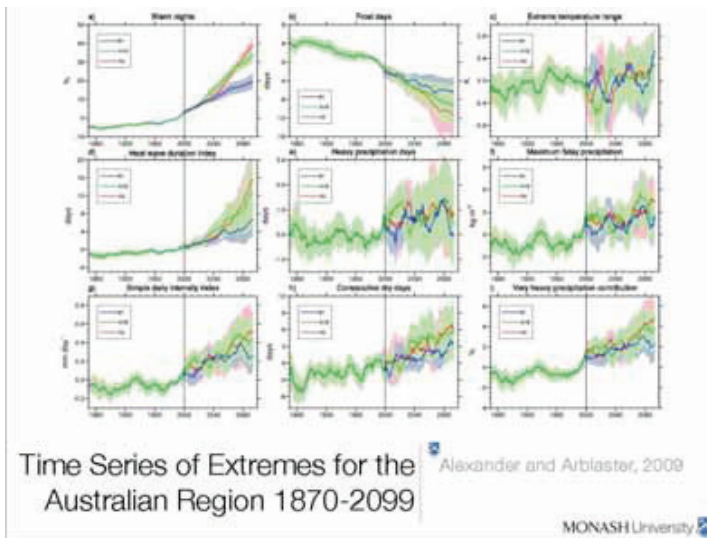
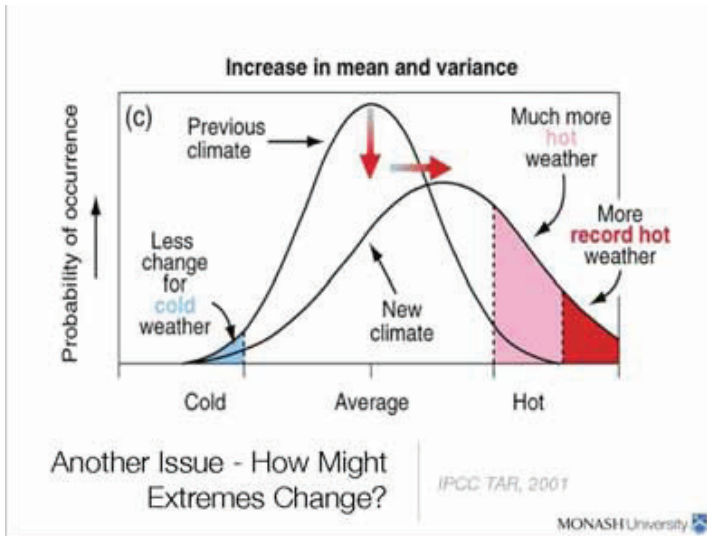


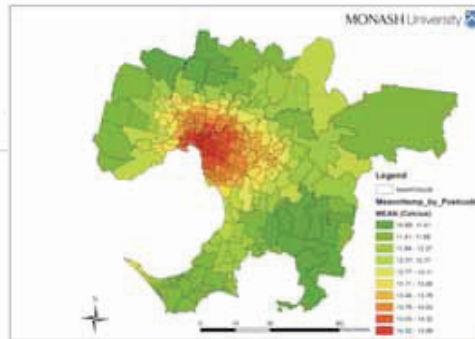
Figure 11.16. Temperature anomalies with respect to 1901 to 1950 for two Australian land regions for 1906 to 2005 (black line) and an simulated (red envelope) by MHO models incorporating known forcings, and as projected for 2001 to 2100 by MHO models for the A1B scenario (orange envelope). The bars at the end of the orange envelope represent the range of projected changes for 2091 to 2100 for the B1 scenario (blue), the A1B scenario (orange) and the A2 scenario (red). More details on the construction of these figures are given in Box 11.1 and Section 11.1.2.

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The Melbourne Nocturnal Urban Heat Island - MODIS Monthly Data 2000-2006

Loughnan, Nicholls and Tapper, 2009a



Urban Radiation and Energy Budget Simply Explained

Radiative energy available at the surface (Q^*) → artificially produced energy (F) → energy used in heating the air (Q_H) → energy used in heating materials (Q_G) → energy used in evaporating moisture (Q_E)



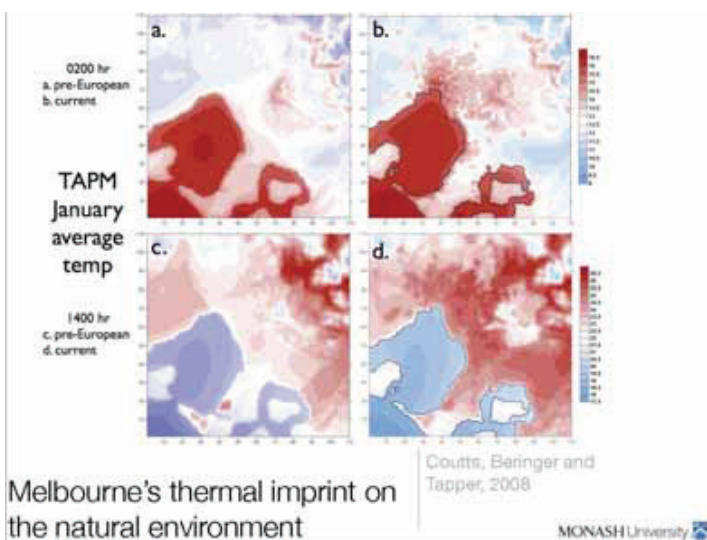
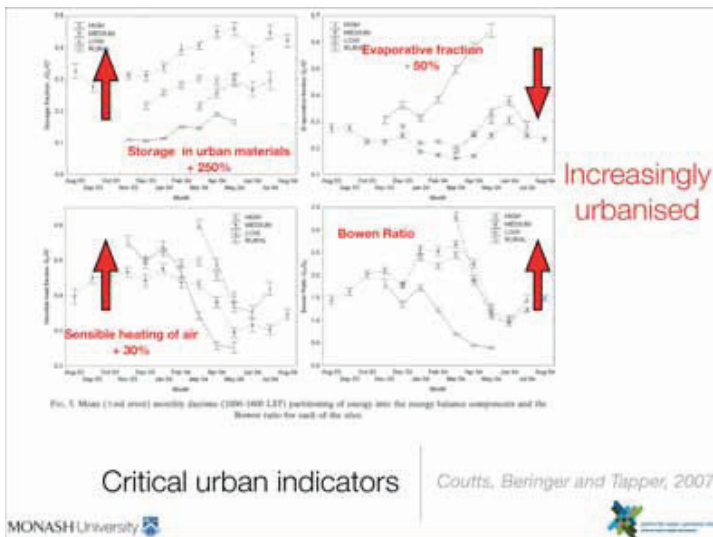
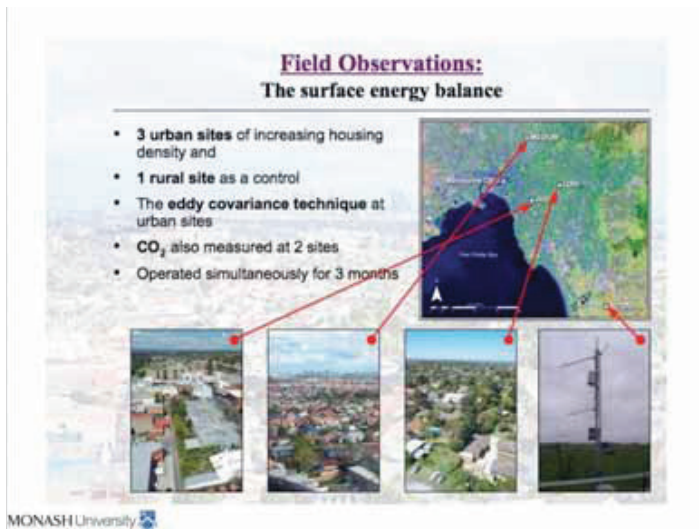
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Causes of Urban Warmth

- The nature of surface materials (i.e. thermal characteristics and colour (albedo) of surfaces)
- Surface shapes and structures (the complex nature of urban geometry)
- Alterations in urban air quality
- The presence of heat sources (cars, industry, space heating, metabolic heat, etc)
- Surface waterproofing and especially removal of urban storm water



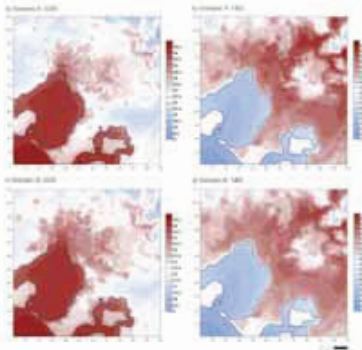
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Modelling the Impact of Urban Consolidation on the Melbourne Heat Island - Melbourne 2030 Plan

Coutts, Beringer and Tapper, 2008

Mean surface temperature fields for 0200 and 1400, with current urban fabric (A) and projected urban fabric (B)



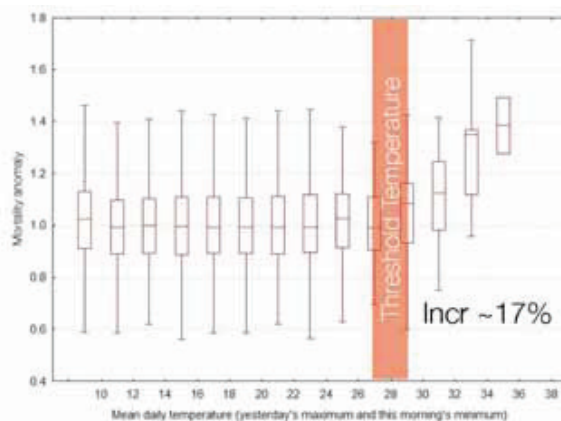
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Heat and human mortality

- **Definition** (no formal definition of heatwave)
 - BoM "prolonged period of excessive heat"
 - Largest cause of mortality natural hazard (BoM, Borden & Culter 2009)
 - Passive threat - unlike floods/cyclones and underreported
- **Examples**
 - Most famous heatwave-mortality event Europe 2003
 - As many as 35,000 excess deaths were associated with the 2003 event
 - Beniston, 2004 *Geophys. Res. Letters* "...shape of things to come"
 - Australia smaller numbers (374 excess deaths in Jan09 heat wave event).
- **Place Specific**
 - Features of the natural and built environments affect heat loads
 - Demography, socio-economics and underlying health status important

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Melbourne - Heat Threshold for Excess Deaths in >64 y.o.

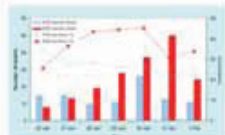
Nicholls, Skinner, Loughnan and Tapper, 2008

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DHS Report Released April 6th, 2009

374 excess deaths Jan.
26 - Feb. 1 (62% jump
over previous year)

66% of excess deaths
were in 75+ age group



DHS 2009

Figure 6. All State Excess Deaths reported during the heatwave period, 2008 & 2009

Death toll soared during Victoria's heatwave

By David
from 2 Jan 2009

Health authorities believe Victoria's record-breaking heatwave
might have contributed to the deaths of about 374 people.

As temperatures soared between January 26 and February 1, an
all-time death toll of a 62% jump from the same time last
year.

Victoria's chief health officer Dr John Carney today revealed 980
people had died during the week compared to a total of 598
deaths for the previous five years.

Most of those who died, 288 people, were aged 75 years or older
with 46 people aged between 55 and 74.

Dr Carney said it was not possible to say how many of the
deaths had been brought forward by heat or water because of
the extreme heat.

There is a number of ways many can
contribute and one possibility is the
heat.

Heatwave continued during the week
with all those 43 people and many
degrees higher than average.

A report released into the health system
said:

• Patients were called to many for
acute problems.

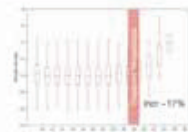
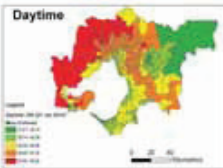
• Capacity had been at capacity for a
period.

• There was a marked increase in the
arrival of emergency department.

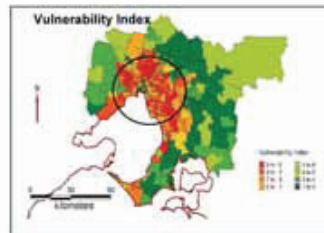
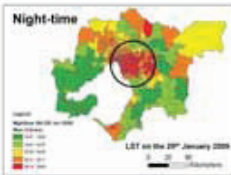
There was a 17 per cent increase in
reported in the State Coroner.

46.4

The Age, April 6, 2009



Melbourne - Heat Threshold
for Excess Deaths in Victoria
Source: Loughnan, Nicholls and Tapper, 2009a



Heat and Vulnerability

Loughnan, Nicholls and Tapper,
2009a

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Heat thresholds for other Victorian centres

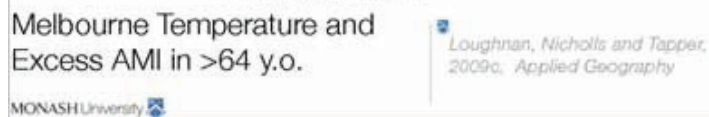
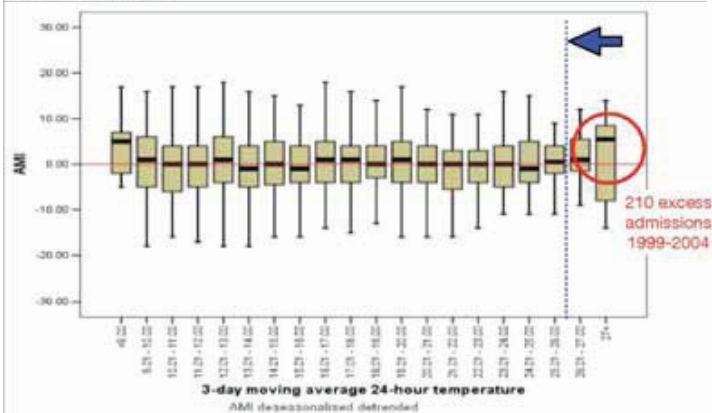
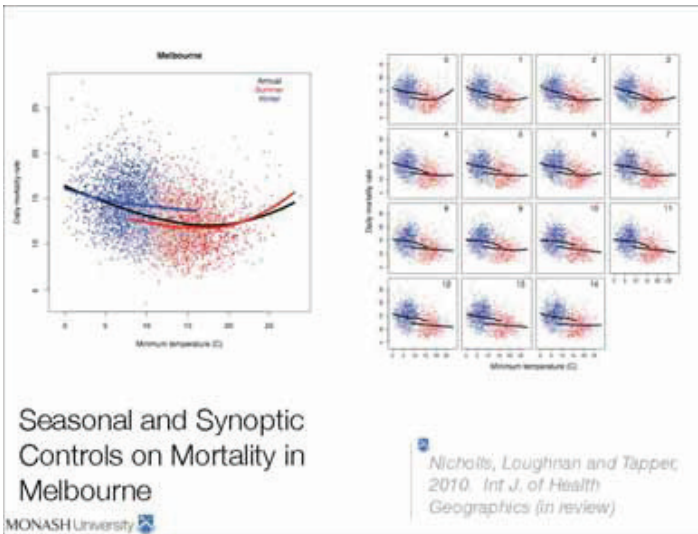
Threshold temperatures (°C) for rural Victorian centres, numbers of episodes exceeding thresholds during
the study period are listed in parentheses. The percentage increase in mortality on days exceeding the
threshold is also shown for each threshold. (Loughnan, Nicholls and Tapper, 2009b)



Loughnan, Nicholls and Tapper,
2009b

Major centres (SD)	Threshold temperature		
	Times	Times	Mean T
Bentley (Loddon)	46 (14) 30%	22 (18) 8%	32 (23) 18%
Wodonga (Hume)	46 (16) 35%	28 (10) 21%	30 (28) 50% increased
Lambis Valley (Gippsland)	38 (41) 10%	22 (8) 32%	30 (25) 18%
Hemlock (Grampians)	38 (10) 10%	None recorded	32 (15) 10%
Hamilton (Western District)	42 (6) 1%	24 (10) 2%	34 (2) 2%
Lake Entrance (East Gippsland)	38 (21) 15%	25 (24) 5%	30 (10) 5%
Geelong (Borough of the Bay)	40 (18) 10%	20 (11) 4%	28 (26) 15%
Shepparton (Goulburn)	43 (3) 36%	26 (8) 11%	30 (23) 15%
Ballarat (Central Highlands)	32 (13) 3%	18 (6) 10%	28 (16) 18%
Mildura (Mallee)	44 (7) 16%	27 (16) 10%	35 (20) 10%

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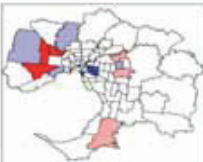
The Health Costs of Extreme Temperatures

- For AMI health costs ONLY for Melbourne (i.e. not including mortality costs, other climate sensitive diseases or the costs to the economy of lost productivity)
- 210 excess admissions over period of 1999-2004 @ \$8K/day for a average of 5 days = **\$8.4 million**
- Projected dramatically increased costs of treating climate sensitive diseases over the next 25 years; e.g. **Cardiovascular Disease 142%**
- **Combined effects of climate change, increased health care costs, increased urbanisation and aging population = \$\$\$\$**

The Spatial Dimension of Heat-Health Vulnerability I

The Spatial Dimension of Heat-Health Vulnerability II


Winter



Loughnan M, Nicholls N, Tapper N: **Demographic, seasonal, and spatial differences in acute myocardial infarction admissions to hospital in Melbourne Australia.** *International Journal of Health Geographics* 2008, **7**(1):42.

(a) UNIFORM CLUSTER MAP (LISA) MAXIMAL AGE SEASON

Summer



(b) UNIFORM CLUSTER MAP (LISA) MAXIMAL AGE SEASON

Legend:

- White box: Not Significant
- Red box: High-High
- Blue box: Low-Low
- Purple box: Low-High
- Light red box: High-Low

DoH-Funded Spatial Vulnerability Analysis of Melbourne's Population to Extreme Heat

Loughnan, Nicholls and Tapper, 2009a

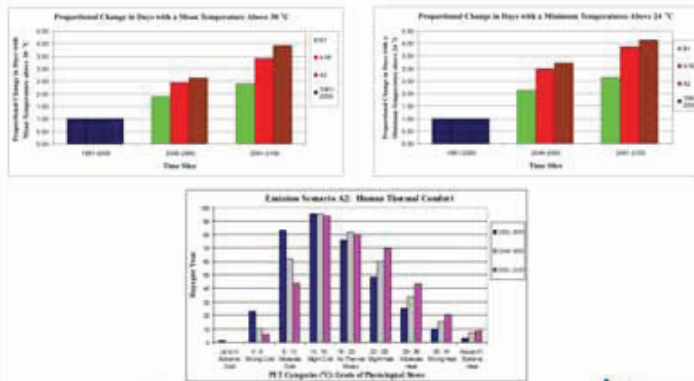
Variable	Risk factor	Data source
1	Age 65+	AES 65+ census data
2	Non-English	AES 2001 (Language and ethnicity)
3	Age 65+ and Non-English	AES 2001 (Language and ethnicity)
4	SES	AES 2001
5	Age 65+ and SES	AES 2001
6	SES	AES 2001
7	SES and Age 65+	AES 2001
8	SES and Age 65+ and Non-English	AES 2001
9	SES and Age 65+ and Non-English and SES	AES 2001
10	SES and Age 65+ and Non-English and SES and Age 65+	AES 2001
11	SES and Age 65+ and Non-English and SES and Age 65+ and Non-English	AES 2001
12	SES and Age 65+ and Non-English and SES and Age 65+ and Non-English and SES	AES 2001

Weighted index

- 5 to 10
- 7 to 9
- 6 to 7
- 0 to 5
- 1 to 6

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Trends in Outdoor Thermal Comfort for Melbourne under Projected Climate Change



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Joffe, et al. 2010, (in preparation)

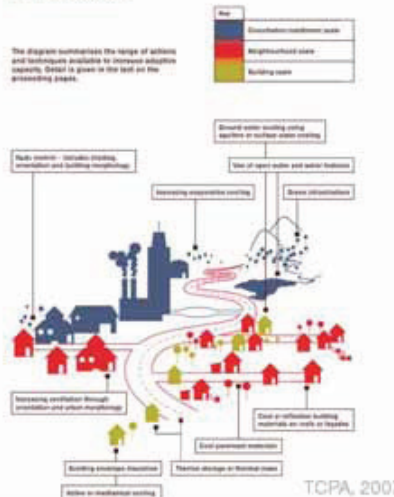


Strategies for improving urban climate

- A range of strategies available including solar control, insulation, use of water in the environment, ventilation, etc
- I believe that the most effective way to improve the urban environment, for a range of benefits (improved human comfort, reduced fire danger and reduced water scarcity) is to reintroduce water into the urban landscape i.e. move towards **Water Sensitive Cities**

menu of strategies for managing high temperatures

The diagram summarises the range of options and techniques available to increase adaptive capacity. Detail is given in the text and the preceding pages.



Cities as "Water Supply Catchments"

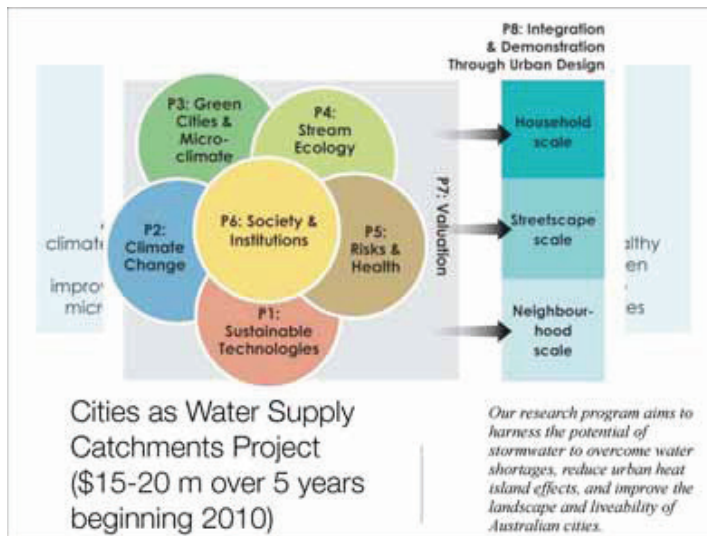
- A multi-million dollar, innovative and multidisciplinary initiative lead in Australia by Monash University
- Being supported by the National Water Commission, the Victorian State Government and industry
- Highly relevant nationally AND internationally - particularly for cities with issues around climate change and water scarcity



To harness the potential of storm water to overcome water shortages, reduce urban heat island effects, and improve the landscape and liveability of Australian cities.

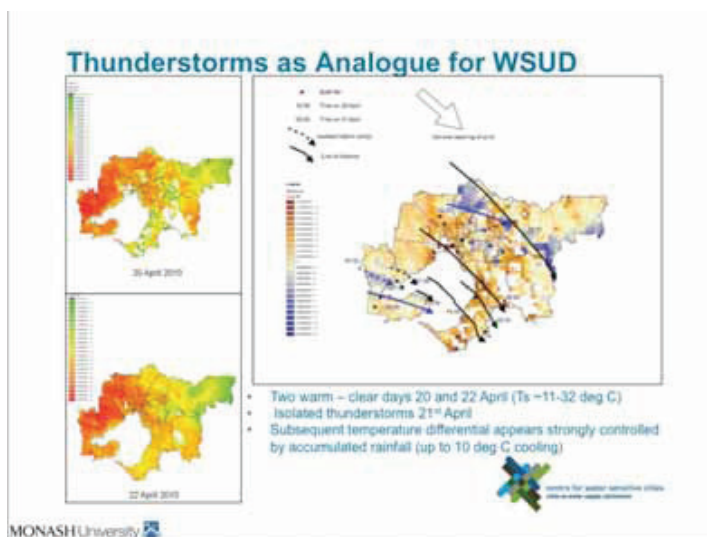
<http://www.watersensitivecities.org.au/>

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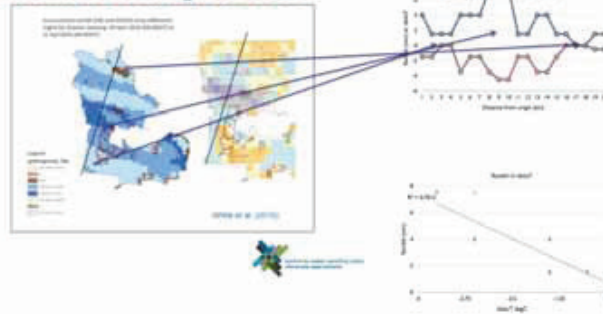
Indicative Research Questions Relating to WSCs and Human Health

- By how much do we need to reduce urban temperatures to avoid excessive mortality under heat wave conditions?
- Can UHI mitigation strategies, including re-incorporating water into the urban environment, provide "headroom" for some of the regional warming that is now unavoidable?
- What are the attributes of a WSC that improve human thermal comfort?
- Can we manipulate urban climates to maximise winter and reduce summertime minimum temperatures?
- What are the opportunities for immediately 'pre-heatwave' landscape treatment to reduce thermal stress?



Water sensitive cities – keeping water in the urban landscape to achieve cooling II

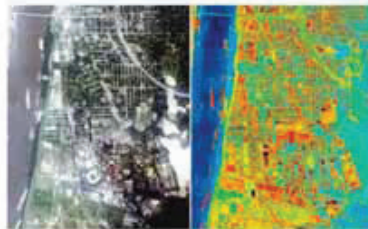
Thunderstorms as Analogue for WSUD



Concluding Comments

- Climate change poses particular problems in urban areas - probably no more so than in the world's Mediterranean regions
- It is critical to find innovative, cost effective and environmentally friendly approaches to mitigate the impacts of climate change in urban areas, particularly to solve issues around **human health and water scarcity**.
- We are working towards a solution for these problems. Inevitably some of these approaches will involve innovative use of urban water, in particular **wastewater reuse and storm water harvesting (and by implication dramatic increases in green infrastructure)**, **water sources that are currently wasted**

Urban Heat Island



Recessed landscape for storm water capture and storage

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